

roast



The core temperature is measured from the centre of the meat. For perfect cooking and measuring internal temperatures, we recommend a 'Meater+Wireless Thermometer'. Available in our pantry now

Whilst I personally develop, try and test all our recipes and cooking guides, heritage breed animals can vary immensely, therefore cooking times are a guide only. Please ensure all products are cooked through and hot before serving. Enjoy!



Executive Development Chef

cooking time from: 45 minutes method

Remove your chicken from the packaging, pat dry & bring to room temperature.

Preheat your oven to 200°C for fan-assisted or 220°C for ovens without a fan (gas 7).

Choose a large, heavy-based roasting tray, ideally with deep sides and handles for easy movement.

Season the bird with good quality sea salt & brush liberally with melted butter just prior to cooking.

Place in the centre of the oven skin side up and roast for approximately 45 minutes, reaching a core temperature of 65°C before resting.

Remove from the oven, put onto a clean tray and keep warm by covering with a sheet of foil.

Rest for a minimum of 20 minutes before carving.

serving suggestions

Serve with French fries & coleslaw.

for best results, roast this cut

Core	Out of	After
Temperatures	the Oven	Resting
Well Done	65-68°C	72-75°C



Explore our wide range of innovative and forgotten cuts and choose the breed that best suits your palate at

farmison.com/our-meat

